

PRESS RELEASE



Concentra and Wellsource To Provide Best-In-Class Services

12/17/08 - Sheboygan, WI - Wellsource Health Solutions, LLC, a joint venture between Wellsource, Inc. and Health Solutions Ltd®, is pleased to announce an agreement with Concentra that will leverage the assets of all three companies, and provide a unique and robust solution for current and future client bases. Wellsource Health Solutions has contracted with Concentra to provide its full range of health risk assessments (HRA's) and online tools as well as telephonic health coaching, as a complement to Concentra's on-site health and wellness initiatives.

Concentra was selected by Wellsource Health Solutions for its innovative health services and for its ability to improve access to quality health care solutions, made possible by Concentra's 321 national medical centers and 258 employer on-site facilities. Through this strategic business agreement, future clients will enjoy a complete, seamless, full-service health and wellness offering with the ease and convenience of testing services managed at Concentra on-site locations and Concentra Medical Centers.

Wellsource Health Solutions has also been named a provider of certain elements for Concentra's comprehensive health management program known as TotalCare. TotalCare blends primary, preventive, occupational, and environmental health services to improve the health and well-being of employees. Combining best-practice strategies to prevent disease and promote healthy lifestyles, Concentra TotalCare focuses on health education and employee engagement throughout the program with the help of Wellsource Health Solutions' proven health coaching services.

Wellsource Health Solutions will provide TotalCare participants with telephonic health coaching and other health improvement essentials, including motivational enhancement, ongoing monitoring of healthy lifestyle practices, and support for program adherence. In particular, Wellsource Health Solutions provides Concentra TotalCare with its award-winning Wellsource® Personal Wellness Profile™ (PWP). The PWP was recently awarded the Health Information Products NCQA certification, one of the most recognized and demanding industry standards. The PWP is a thorough and scientifically-based HRA that motivates individuals to make improvements in their health and lifestyle while providing detailed aggregate reports to help companies lower their health care costs.

"By combining Concentra's national presence and nearly 30 years of expertise in health and wellness with the proven health improvement tools and product development of Wellsource, and the Optimal Health Coaching™ program of Wellsource Health Solutions, we have the ability to provide very effective wellness programs in a high quality and consistent manner to employees and dependents regardless of where they might be located. All our TotalCare initiatives are designed with the intent of enhancing participant engagement," said Kris Covey, Vice President for Concentra TotalCare.

"With this combination of resources, we are able to further enhance our wellness offering, taking health improvement to a new level," states Patrick Trotter, President, Wellsource Health Solutions. "We are proud to provide Concentra with our proprietary model of health coaching services as they help to improve the health of America."

Wellsource Health Solutions, LLC was created to provide full-service solutions that meet the specific needs of both Wellsource and Health Solutions clients. Wellsource Health Solutions offers a one-touch solution to help companies, their employees, and their families reduce their health risks and health related costs, improve their quality of life, and promote long-term cultural change within the company.

"Combined with Wellsource Health Solutions' 30 years of experience in the health and wellness arena, this strategic business relationship makes it possible to offer a full-service solution including our recently awarded NCQA certified health care products," says Reuben Polk, Director of Sales and Marketing for Wellsource, Inc. "We share Concentra's vision of improving employee health and quality of life, so this is a perfect match for our clients and their participants."

About Wellsource Health Solutions, LLC

Wellsource Health Solutions is a full service international wellness company specializing in the installation of comprehensive corporate wellness programs, founded in 2008 to meet the ever-changing landscape of the health and wellness industry. The combination of two leading health and wellness companies, Wellsource Inc. and Health Solutions Ltd., Wellsource Health Solutions (WHS) offers a one-touch solution to support companies in bringing about and promoting long-term cultural change.

www.whsusa.com

About Concentra®

Concentra is a leading health care company focused on improving America's health, one patient at a time. Through its affiliated clinicians, the company provides occupational medicine, urgent care, physical therapy, and wellness services to workers and the general public from 321 medical centers in 40 states. In addition to these medical center locations, Concentra serves employers by providing a broad range of health advisory services and operating 258 on-site medical facilities. Through this complement of services, Concentra intends to raise the standard of health by putting individuals first, treating them with clinical excellence, and focusing on their ongoing wellness.

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